

Reasons Why Latina Females Agree to do Research: Insights from the ELLAS Study

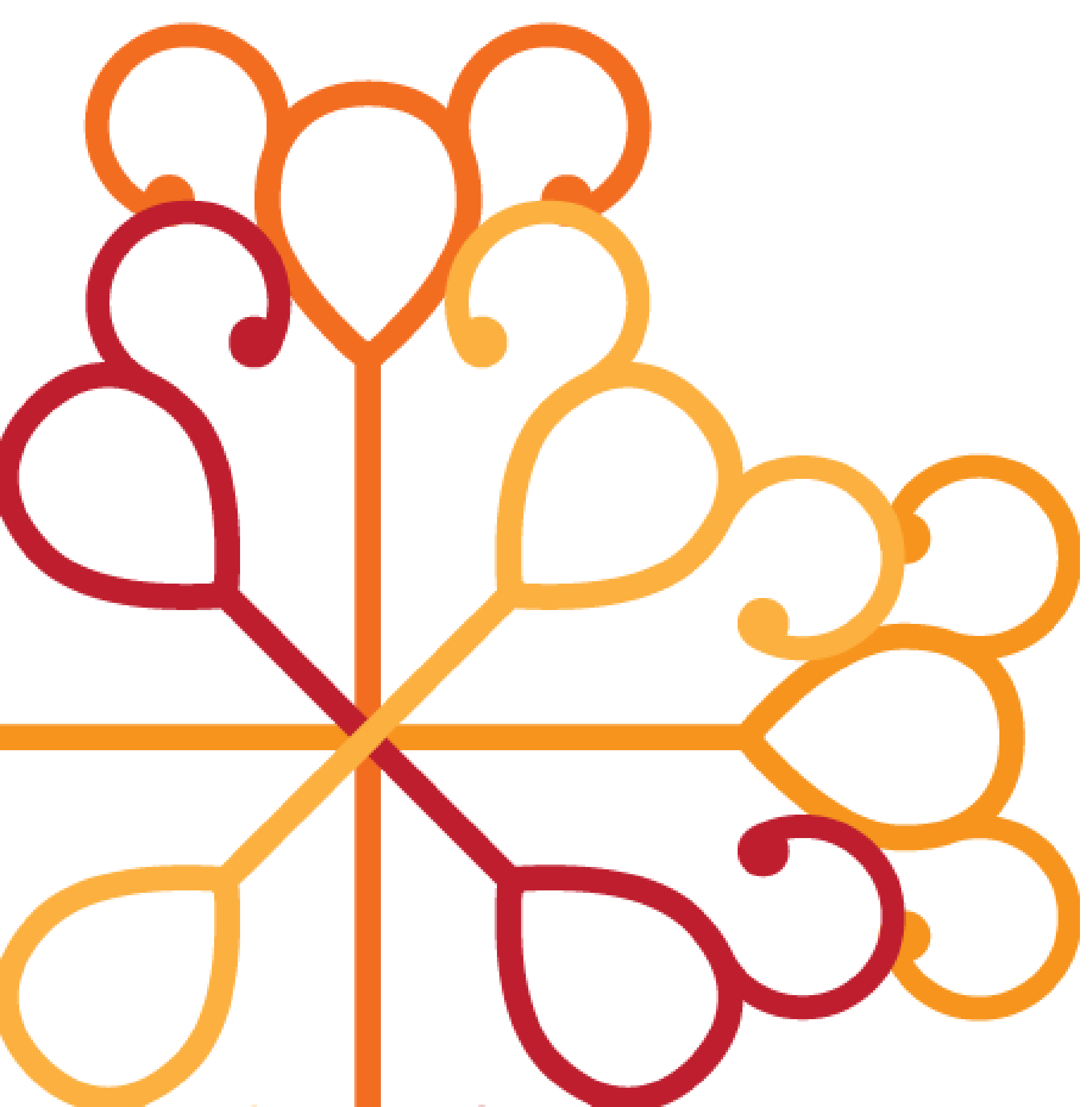
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BACKGROUND

- Although the Latina/x community is one of the fastest growing populations in the United States, this population continues to be underrepresented in research.
- The Environment, Leiomyomas, Latinas, and Adiposity Study (ELLAS) is a prospective cohort study of reproductive age Latinas/x in the Detroit metropolitan area. Here we describe the top reasons why participants agreed to participate in ELLAS.

METHODS

- Responses from participants in the ELLAS study were used for analysis.
- Demographic information was collected.
- Participants were asked to identify their top three reasons for participating in ELLAS using a single question with multiple options for responses.



Most Latina/x females surveyed reported that they participated in the ELLAS research study to receive a free health assessment.



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DEMOGRAPHICS

- Participants had a mean age of 37.7±7.1 years.
- 54.7% reported not having health insurance.
- 87.7% reported being born outside of the United States.

RESULTS

- Here we present data from 472 participants.
- The number one reason women participated in ELLAS was to receive a free health assessment (n=234; 49.6%). **This was the most common primary reason independent of age, country of birth, and health insurance status.**
- The second most common primary reason was to **learn more about women's health** (n=152, 32.2%).

DISCUSSION

- Latinx females are motivated to participate in research by a number of factors.
- In the ELLAS study, the primary reason was the opportunity to receive a free health assessment.
- **Future studies should consider this recruitment incentive but more importantly, work is needed to address health access for the Latina/x community.**

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